

# EGD Prep Instructions

## 1 DAY PRIOR TO YOUR PROCEDURE:

*Do not use Marijuana, in any form (including edibles) 24 hours prior to procedure.*

You may have solid foods up until midnight the night before your procedure

You may have clear liquids after midnight

- Examples of clear liquids are Gatorade, Pedialyte, Powerade, clear broth, coffee/tea (without milk or creamer), carbonated soda, Kool-Aid, fruit-flavored drinks, apple juice, Jell-O, popsicles, or honey.
- Examples of non-clear liquids are red or purple liquids, alcohol, milk or non-dairy creamers, noodles or vegetable soup, juice with pulp, or any liquids you cannot see through

## DAY OF YOUR PROCEDURE:

**4.5 hours prior to your scheduled procedure time.**

- **Diabetes Medication:** Do NOT take morning dose of insulin or oral diabetes medication
- **Anticoagulant/ Blood Thinner:** If you are currently taking a blood thinner and you have not received a call from our office on whether or not you need to stop your medication, please contact our office at 309-762-5560 and ask to speak to procedure scheduling.
- **Take all other medications as prescribed with a small sip of water.**

**NOTHING BY MOUTH 2 HOURS PRIOR TO YOUR CHECK IN TIME (THIS INCLUDES WATER, GUM, ICE MINTS, CIGARETTES)**

## For individuals diagnosed with diabetes:

- **DAY BEFORE PROCEDURE:** Check your blood sugar often while on clear liquids and prepping.
- **NIGHT BEFORE PROCEDURE:** Do not take your ORAL diabetes medication.
- **NIGHT BEFORE PROCEDURE:** If you are on INSULIN take 1/2 your normal dose.
- **MORNING OF PROCEDURE:** Do NOT take diabetes medications.

## For individuals diagnosed with hypertension:

- **DAY BEFORE AND DAY OF PROCEDURE:** Take your regular high blood pressure medications

## For individuals with a medical history of seizures:

- **DAY BEFORE AND DAY OF PROCEDURE:** Take your regular seizure medications

## For individuals currently on anticoagulant/ blood thinner:

- We will contact you with instructions once we have approval from your provider.